

CELEBRATE

Best year ever? Ireland's **Laois Relay** just had one. In 2025, ten teams from across County Laois hosted fundraisers all year long — yoga sessions, head shaves, Candle of Hope bag sales — collectively raising €41,987, their best total since they launched in 2022. Teams with names like the Cancer Slayers, the Mountmellick Yarnbombers, and Sue's Crew showed up for their community at a beautiful outdoor event at Emo Court, where cancer survivors were honored with an afternoon tea on the lawn and entertained by live local music all day.

REMEMBER

"Relay gives me an opportunity to 'Pay it Forward'. I was lucky to have beaten cancer, and I have made it my goal to help as many people as I can to get the same positive result," said Brian Meehan from **Quaboag Valley Relay For Life** in Belchertown, Massachusetts, USA.

FIGHT BACK

2026 marked the 30 anniversary of **Relay For Life of Yuma**, Arizona, USA. This Relay was nominated as a top event and was awarded the West Region Relay Event of the Year Award, which put them in the running for the National Relay Event of the Year Award. The Yuma event, over the last 30 years has raised over \$3.5 million dollars for the American Cancer Society. "This event has done an incredible job today, despite a week of record breaking high temperatures" said Bryan Sherwood, Senior Director, Relay For Life, who attended the event held on March 24, 2026.



There's Always a Kettle on the Boil

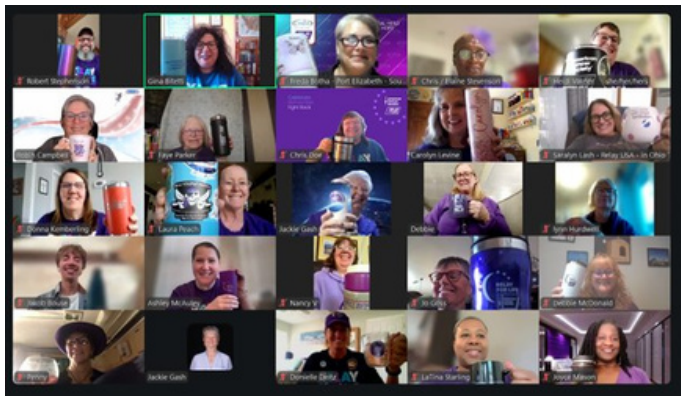
In Ireland **Relay For Life Donegal** has launched the "Boil The Kettle Appeal," The initiative invites people to put the kettle on and host a tea morning or tea evening in April to raise funds for the Irish Cancer Society. The event is inspired by singer Daniel O'Donnell's line "there's always a kettle on the boil" from the song Our House is a Home. The campaign encourages people to boil the kettle, invite people to share a cuppa, have a conversation and make a donation.

Tea parties can take place anywhere, at home, schools, workplaces, cafes, sports clubs or even virtually with friends and family across the globe.

Funds raised through the Boil The Kettle Appeal will support life-changing services provided by the Irish Cancer Society, including free cancer support lines, counselling services, night nursing care, transport to treatment, cancer research and advocacy.

Relay For Life Donegal 2026 is supported by its Ambassadors: singer Daniel O'Donnell and his wife Majella who is a Global Hero of Hope. Their involvement reflects the heart of the campaign, community, kindness and coming together for a cause that affects us all.

"This campaign is about connection. It's about community. It's about doing something small that creates something big. Not everyone can walk the track for 24 hours, but everyone can boil a kettle" a spokesperson from the committee said.



Relay USA 6th Annual Survivor/Caregiver Brunch was held on February 26, 2026. The planning committee hosted over 30 survivors and caregivers who joined together on-line to enjoy brunch, listen to inspiring stories and share experiences. The theme of the Relay this year is “Relay Round The World” and this was celebrated at the brunch. Participants heard an inspiring story from Canadian Hero of Hope and survivor Jakob Bouse. They were also joined by several other Global Heroes from the USA, South Africa and The United Kingdom who shared Relay experiences in their own countries and invited survivors to tell their own stories. During the brunch everyone enjoyed snacks, some in their favorite purple color brunch foods and beverages and at the end made a toast to all survivors and caregivers around the world. Relay USA virtual event will be held on Friday, May 8th, 2026, 7pm EST and will be broadcast on Facebook and You Tube. All are invited to join in! Relayers around the world can have the Relay look and feel, virtually.



Singapore Relay For Life

Singapore Relay For Life -Tamarind Health Relay For Life 2026 took place over the weekend of March 15th and 16th at Singapore National Stadium. Over 6,400 participants and 266 teams took part in the event which has so far raised \$1,375,272 for the Singapore Cancer Society. The overnight event included free mammogram screening, Zumba and stage performances.

Participants from all walks of life, including recreational runners, organized run clubs and families, came together to support the cause. The event included a 1000km challenge and teams and individuals who completed the distance were rewarded with certificates, t shirts and virtual badges.

Hailie Lim, participating for the first time, said her team had a deeply personal reason to be there. “I’m doing it for the first time this year with the Adidas Runners Singapore team and doing it for a good cause,” she said. “Especially for team captain Eugene who is currently fighting cancer. We hope to do this as support for the cancer community, so they find strength and know they are not alone on this journey.”

Singapore Relay For Life also featured a virtual ‘My Fight Back Challenge’ giving participants not able to be at the event to walk or run at their own pace over the two weeks in order to complete the 1000km challenge.